



MINISTRY OF YOUTH AND SPORTS

Strasbourg, 30 August 2016

EPAS (2016) 43

Enlarged Partial Agreement on Sport (EPAS)

Factsheet

Conference on "Promoting the Well-Being of Athletes"

European Policies and Possibilities in Bulgaria In the framework of the Council of Europe initiative "Pro Safe Sport" (PSS)

organised by the Enlarged Partial Agreement on Sport
in co-operation with the Ministry of Youth and Sports of Bulgaria and
European Sport Policies and Practices (ESPP)

**Tuesday, 4 October 2016,
8:30-18:00**

Metropolitan Hotel Sofia
64, Tsarigradsko shosse Blvd.
1784 Sofia
Bulgaria

Organisers

The conference is organised by the Enlarged Partial Agreement on Sport (EPAS) in co-operation with the Ministry of Youth and Sports of Bulgaria and European Sport Policies and Practices (ESPP).

Pro Safe Sport for Young Athletes

The conference on "Promoting the Well-Being of Athletes" is implemented in the framework of the initiative "PSS".

Pro Safe Sport for Young Athletes (PSS) is a project of the Enlarged Partial Agreement on Sport (EPAS) of the Council of Europe, which was co-financed by the European Union from 1 January 2014 to 30 June 2015, aimed at promoting a safe and healthy sport environment for young athletes. The core of the project is the Pro Safe Sport toolkit and the [Pro Safe Sport Online Academy](#), a virtual resource centre, which provides guidance and recommendations on guaranteeing and safeguarding healthy and safe sport environments.

The project was implemented in co-operation with [international, European and national sport organisations](#).

What is the PSS Toolkit?

The [PSS toolkit](#) raises awareness and provides tips and tools for stakeholders such as sport organisations, coaches, parents and public authorities to promote safe and healthy sport environments.

The toolkit consists of the following elements:

- ***Master Presentation***
This presentation highlights the normative framework on safe and healthy sport environments. Additionally, this section provides induction articles on "pro safe sport" topics.
- ***Explanatory glossary***
The glossary contains the definitions of key terms and explanatory notes on the background of pro safe sport.
- ***PSS workshop proposal***
This contains an easy-to-use multiplier workshop template and guide for those parties interested in organising pro safe sport events using the tools of the PSS toolkit.
- ***Self-assessment***
This tool provides users with the opportunity to self-assess their organisational capacity to provide a safe and healthy sport environment for young athletes.
- ***Model of excellence***
The model describes a best practice example on how a pro safe sport strategy could be introduced and implemented.
- ***Practice examples***
This part contains further practice examples and food for thought on pro safe sport strategies based on projects of various stakeholders.
- ***Interviews***
This section contains a wide range of interviews on the various aspects of safe and healthy sport environments.
- ***Resources***
This section offers a list of links and further useful resources in the field of pro safe sport.

- ***Presentations***

This section contains a collection of high quality presentations held during the PSS workshops on physical, psychological, social well-being as well as on policy/ governance and fair play

Objectives of the conference and expected results

It will look at the various aspects of safe sport and the role of stakeholder organisations such as sport clubs, public authorities etc. in creating safe and healthy sport environments. It will specifically touch upon issues such as Dual Careers and the psychological and physical well-being of young athletes. Personal testimonials of athletes will illustrate these discussions.

The results of the conference and the speakers' presentations will be published on the PSS website (in English or French) and can then be given due consideration by public authorities institutions, sport organisations and other relevant organisations.

Programme elements and methodology

The programme will comprise contributions by athletes, experts, presentations of good practices and personal experiences. Considerable time will be allotted to interactive discussions.

The conference, the workshops and the panel discussion, which will permit interaction between the speakers and the audience, will be moderated by an expert.

The general facilitation of the conference will be carried out by EPAS.

Date and venue

Tuesday, 4 October 2016, from 8:30-18:00

Metropolitan Hotel Sofia
64, Tsarigradsko shosse Blvd.
1784 Sofia
Bulgaria

Working languages

English, Bulgarian

Participants

Representatives of public authorities:

- Sports ministry officials;
- Ministers responsible for youth and sport

Representatives of civil society and international organisations

- International/European sports organisations or federations;
- National sport federations/ confederations
- NGOs

Terms of participation

- Participation in the conference is free of charge.
- Travel costs are at the participants' own expense.
- Different conditions apply for speakers and EPAS delegates

Visas

- Participants are responsible for checking visa requirements and making their own visa arrangements before departure.
- The Council of Europe can prepare "notes verbales" for registered participants requiring a visa. Visa-related expenses are to be borne by the participants.

Registration and participation

Interested individuals can register by returning the attached registration form **no later than 15 September 2016**.

Accommodation

Rooms have been pre-booked at the conference hotel **Metropolitan Hotel Sofia**.

EPAS will cover the hotel and subsistence expenses of one delegate per EPAS member state.

Participants must book the hotel themselves.

Metropolitan Hotel Sofia

Address: 64, Tsarigradsko shosse blvd.

Sofia 1784, Bulgaria

Phone: +359 2 424 79 00, -01, -02

Fax: +359 2 424 79 09, +359 2 875 70 00

E-mail: reservations@metropolitanhotelsofia.com

Information and contact

Additional information on the programme and the conference can be found on the project or EPAS website: <http://pjp-eu.coe.int/en/web/pss/home>

For any further information, please contact the EPAS secretariat at the Council of Europe:

Michael Trinker:

✉ michael.trinker@coe.int

☎ +33 (0)3 90 21 54 57

<http://www.coe.int/epas>