



MINISTRY OF YOUTH AND SPORTS

Strasbourg, 19 September 2016

EPAS (2016) 26

Enlarged Partial Agreement on Sport (EPAS)

– DRAFT PROGRAMME –

Conference
on

Promoting the Well-Being of Athletes

in the framework of the Council of Europe initiative “Pro Safe Sport” (PSS)

in co-operation with the Ministry of Youth and Sports of Bulgaria and European Sport Policies
and Practices (ESPP)

Tuesday, 4 October 2016, 8:30-18:00

Hotel:

Metropolitan Hotel Sofia
64, Tsarigradsko shosse Blvd.
1784 Sofia
T: + 359 2 42 47 814
F: + 359 2 875 70 00
Web: www.metropolitanhotelsofia.com

Tuesday, 4 October, 2016

8:30 ***Registration and Coffee***

9:30 **Welcome**

Krasen Kralev, Minister, Ministry of Youth and Sports, Bulgaria

Marko Begovic, Member of the Bureau of the EPAS Governing Board, Council of Europe

9:45 **Sharing personal experiences: The Well-Being of Athletes**

Combining sports and education

Pancho Paskov, Olympic athlete, Fencing, Bulgaria
Alexandra Jekova, snowboarder, 5th place in WOG Sochi 2014, Bulgaria

Dual Career Challenges in Bulgaria

Georgi Bobev, ESPP, Bulgaria

Keeping energy and enthusiasm

Asen Markov, Deputy Minister, Ministry of Youth and Sports, Bulgaria

Preventing trauma and injuries

Iordan Gospodinov, goalkeeper PFC Slavia, Bulgaria

10:30 *Coffee Break*

11:00 Panel discussion: Athletes – an endangered species?

- Georgi Bobev, ESPP, Bulgaria
- Dr. Gábor Géczi, University of Physical Education, Hungary, tbc
- Pat Glennon, Senior Vice President IOC&IPC Athlete Career Programme, Adecco Group, tbc
- Dr. Henrik Gustafsson, Karlstad University, Sweden, tbc
- Mila Hristova, Vice-President, Association of Bulgarian footballers
- Alexandra Jekova, snowboarder, 5th place in WOG Sochi 2014, Bulgaria
- Emil Koparanov, former professional football player and student of the FIFPro academy

Facilitated by Dr. Tibor Koszla, European Athlete as a Student Network (EAS)

12:30 Pro Safe Sport: an international initiative promoting the well-being of young athletes

Michael Trinker, EPAS Deputy Executive Secretary, Council of Europe

13:00 *Lunch*

14:30 Parallel sessions (PS)

PS I: Combining sports and education (sport schools)

- Dr. Tibor Koszla, European Athlete as a Student Network (EAS)
- Prof. Bisser Tzolov, National Sports Academy Vassil Levski, Bulgaria
- Pat Glennon, Senior Vice President IOC&IPC Athlete Career Programme, Adecco Group
- Wolfgang Stockinger, Head of Career Development Austria, Verein KADA

Facilitated by Ms Emanuela Nikolova, ESPP, Bulgaria

PS II: Keeping energy and enthusiasm

- Dr. Krasimir Petkov, National Sports Academy Vassil Levski, Bulgaria
- Dr. Henrik Gustafsson, Karlstad University, Sweden
- Laura Eddie, National Awards Manager, SportsAid, UK

Facilitated by Ms Kari Fasting, Norwegian School of Sport Sciences, Norway

PS III: Preventing trauma and injuries

- Dr. Ivan Vasilev, MD, Sportsclinic EUROVITA, Bulgaria
- Dr. Vincent Gouttebarger, Chief Medical Officer, World Players' Union FIFPro
- Dr. Gábor Géczi, University of Physical Education, Hungary

Facilitated by Dr. Ivan Vasilev, MD, Sportsclinic EUROVITA, Bulgaria

16:30 ***Coffee Break***

17:00 **Report of the parallel sessions to the plenary**

17:30 **Conclusions**

Krasen Kraleov, Minister/Asen Markov Deputy Minister, Ministry of Youth and Sports, Bulgaria

Marko Begovic, Member of the Bureau of the EPAS Governing Board, Council of Europe

18:00 **Closing**

The PSS conference on safe sport will discuss and provide

- the theoretical background on safe sport including topics such as Dual Careers, burn-out, injuries
- information on good practices, PSS tools, recommendations for further action(s)