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#### "HOW TO STAY SAFE DURING A PROTEST"

PEACEFUL PROTEST IS A RIGHT. PROTESTING IN AN APPROPRIATE WAY CAN HELP MAKE YOU SAFER, ALTHOUGH YOU SHOULD ALWAYS BEAR IN MIND THE TYPE OF EVENT YOU ARE GOING TO, WHO HAS ORGANIZED IT, WHAT ROUTE IT WILL TAKE AND HOW LONG IT WILL LAST.



#### **BEFORE** THE MARCH OR PROTEST

DO YOUR RESEARCH! The police often use tear gas, rubber bullets, and pepper spray during protests. The following information suggests how you can respond or react in such cases.

CHOOSE comfortable clothes and shoes so you can walk and move freely. If you are going as an organization, think about wearing a distinctive vest or shirt.

CONSIDER taking some kind of protection, like a helmet, gas mask or handkerchief.

LOOK at a map of the route the march will take. Familiarize yourself with the places your group will pass through and the streets where you can join or leave the march.

TAKE water, placards, markers and something to eat. Don't forget a first-aid kit, there should be at least one in your group.

REMEMBER to maintain constant contact with people who are not on the march and inform them about what is happening along the way.

**SET** a time and place for your group to meet. Set one meeting place/time for the beginning of the march and another in case you become separated from each other.

KEEP phone numbers for emergency medical and legal contacts on hand.

BACK UP the information on your mobile devices.

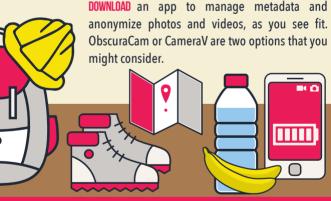
CHARGE your phone fully. Think about whether an external battery might be useful.

ENSURE you have enough credit to make calls and send messages.

CHECK that you have enough storage space. Delete files or apps that you don't use.

CHECK that the use of metadata \* is OK.

ENABLE metadata, if you decide to use it.





\* Metadata is the information that is stored with your photos, videos and other files. It includes information like where the file was created; the date, place and time of creation; and the type of device used. It is relevant information for identifying the source and context of different files.

<sup>1</sup> From https://infoactivismo.org/recomendaciones-de-seguridad-para-antes-durante-y/



IF THERE IS A SECURITY INCIDENT, SHARE IT WITH YOUR ORGANIZATION AND RECORD IT IN THE SECURITY INCIDENT NOTEBOOK.



### **DURING THE DEMONSTRATION**

MARCH with a defined group.

**KEEP** in touch with whoever you have agreed to stay in contact with.

**AVOID** clashes and confrontations.

AVOID taking or being involved in any violent action.

**DOCUMENT** abuses of authority, if you see any, from a safe distance.

TURN OFF electronic equipment that you are not using.

PAY ATTENTION to what is going on around you. Stay alert.

ASSESS whether you want your face, or the faces of your companions, to be seen.

**CONSIDER** whether it is a good idea to stay where you are at any given moment.

**CLOSE** applications you're not using, even running in the background they use up the battery.

**NOTIFY** your companions and contact person/s if you have any problems or if you stop off at some point.



## **AFTER THE MARCH**

**RETURN** with others to a point where you can start your journey home safely.

TELL someone when you arrive home or somewhere safe.

KEEP the original photographs or videos as legal evidence if you think you need to.

BACK UP the files you created during the protest.

**CHECK** the metadata of the files you want to share.

**CONSIDER** whether you should keep or delete the metadata of files before sharing them.

**SHARE** what you think is safe and positive to share.





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