# Activities

1. **Awareness: the realities of social exclusion**
   1.1. Outsiders
   1.2. Disabilities race
   1.3. Preconceptions of young people with fewer opportunities
   1.4. Human needs jigsaw
   1.5. Jigsaw of human rights
   1.6. Projects

2. **Access: empowering and inclusive activities and actions**
   2.1. Don't laugh at me
   2.2. Self-esteem – The importance of feeling valued
   2.3. Everybody has skills – Measuring personalities
   2.4. Image theatre
   2.5. Changing the outcome
   2.6. Projects

3. **Action: support mechanisms for inclusion**
   3.1. Snakes and ladders
   3.2. Put yourself in our hands
   3.3. Postcards
   3.4. Peer education – School of freedom
   3.5. Enter Dignityland
   3.6. Projects

4. **Accreditation: recognition of experience, progress and achievements**
   4.1. Learning journal/blog – A personal journey to record learning
   4.2. Projects

5. **Advancement: supportive stepping stones towards inclusion**
   5.1. Who is there?
   5.2. Projects