

# Pro Safe Sport

## Practice examples

This factsheet is intended to gather information on a practice example which promotes a healthy and safe sport environment.

Basic data	
<b>Title</b>	Various titles Medical Commission
<b>Organisation</b>	IOC, Medical Commission
<b>Link</b>	<a href="http://www.olympic.org/medical-commission?tab=mission">http://www.olympic.org/medical-commission?tab=mission</a>  Sexual harassment <a href="http://www.olympic.org/sha">http://www.olympic.org/sha</a> <a href="http://sha.olympic.org/home.html">http://sha.olympic.org/home.html</a>  Healthy body image <a href="http://www.olympic.org/hbi">http://www.olympic.org/hbi</a>
<b>Country</b>	International non-governmental organisation
<b>What kind of initiative? (E.g. policy, law/ act, campaign, education...)</b>	Commission, policies
<b>PSS intervention area</b>	Physical well-being <u>Psychological well-being</u> <u>Social well-being</u> Fair play Governance/ policy

Qualitative facts	
<b>Description</b>	<p>The IOC set up a medical commission in 1967 which focuses its work on</p> <ul style="list-style-type: none"><li>• Protection of the health of athletes.</li><li>• Respect for both medical and sports ethics.</li><li>• Equality for all competing athletes</li></ul> <p>The IOC Medical Commission's mission is the body that</p>

	addresses all of the main medical issues which may occur in sport. The IOC Medical Commission facilitates consensus meetings on all of the above-mentioned issues whilst giving priority to the protection of the health of anyone practising sport at any level. The Commission also runs two online, postgraduate Diploma programmes in the fields of Sports Medicine ( <a href="http://www.iocsportsmedicine.com">www.iocsportsmedicine.com</a> ) and Sports Nutrition ( <a href="http://www.iocsportsnutrition.com">www.iocsportsnutrition.com</a> ), aimed at further enhancing education and knowledge in these fields.
<b>Activities</b>	<ul style="list-style-type: none"> <li>• Raise awareness</li> <li>• Capacity building through educational contents on website</li> <li>• Develop policies/ standards</li> <li>• Organise conferences</li> </ul>
<b>Thematic priorities</b>	<ul style="list-style-type: none"> <li>• Prevention of sport injuries</li> <li>• Sexual harassment</li> </ul>
<b>Target group</b>	<ul style="list-style-type: none"> <li>• Athletes</li> </ul>
<b>Results/ products</b>	<ul style="list-style-type: none"> <li>• Online training course</li> <li>• Thematic websites</li> <li>• Explanatory notes, definitions</li> </ul>
<b>Success factors</b>	<ul style="list-style-type: none"> <li>• Funding</li> <li>• Political support</li> </ul>

### Quantitative facts

<b>Budget</b>	n.a.
<b>Number of people working for this initiative</b>	n.a.
<b>Number of people reached</b>	n.a.
<b>Timeframe (start/ end)</b>	1967/ ongoing

### Observations

Thorough IOC initiative promoting a safe and healthy sport environment.

- Consensus Statement: Sexual harassment and abuse in sport. Adopted by the Executive Board, February 8th 2007  
<http://www.olympic.org/content/news/media-resources/manual-news/1999-2009/2007/02/08/ioc-adopts-consensus-statement-on-sexual-harassment-and-abuse-in-sport/>
- Educational tools:

<http://sha.olympic.org>  
<http://www.olympic.org/sha>