

# Pro Safe Sport

## Practice examples

This factsheet is intended to gather information on practice examples which promote a healthy and safe sport environment.

| Basic data  |  |
|---|--|
| <b>Title</b>  | Training for CPR and 1st aid for professional basketball players and administrative and coaching staff of professional teams |
| <b>Organisation</b>   | Syndicat national des basketteurs  |
| <b>Link</b>   | <a href="http://www.snbasket.com">http://www.snbasket.com</a>  |
| <b>Country</b>  | France   |
| <b>What kind of initiative?<br/>(E.g. policy, law/ act,<br/>campaign, education...)</b> | Education in first aid   |
| <b>PSS intervention area</b>  | <u>Physical well-being</u><br>Psychological well-being<br>Social well-being<br>Fair play<br>Governance/ policy               |

| Qualitative facts          |  |
|----------------------------|--|
| <b>Description</b>         | 2012 a professional basketball suffered from a heart attack after a practice and ended up dying couple of months later. For this reason the basketball player union has decided to organise and education programme for players, coaches and admin staff of the professional team in the first 2 divisions in partnership with the red cross. Around 20 people are attending the sessions and so far around 100 persons benefited from the training. |
| <b>Activities</b>          | <ul style="list-style-type: none"><li>• CPR and first aid training</li><li>• Editing of videos encouraging all kinds of participants to be certified</li></ul>   |
| <b>Thematic priorities</b> | <ul style="list-style-type: none"><li>• First aid in sport</li><li>• CPR training</li></ul>  |

|                          |   |
|--------------------------|---|
| <b>Target group</b>      | <ul style="list-style-type: none"> <li>• Athletes</li> <li>• Coaches</li> <li>• Admin staff</li> </ul>  |
| <b>Results/ products</b> | <ul style="list-style-type: none"> <li>• Videos</li> </ul>  |
| <b>Success factors</b>   | <ul style="list-style-type: none"> <li>• Number of people reached</li> <li>• Interest of the participants</li> <li>• Benefit for larger groups</li> </ul> |

### Quantitative facts

|   |               |
|---|---------------|
| <b>Budget</b>                                       | 15.000        |
| <b>Number of people working for this initiative</b> | 2             |
| <b>Number of people reached</b>                     | 100           |
| <b>Timeframe (start/ end)</b>                       | 2012/ ongoing |

### Observations

It's very difficult to find sponsors for this initiative.