

Pro Safe Sport

Practice examples

This factsheet is intended to gather information on practice examples which promote a healthy and safe sport environment.

Basic data	
Title	Sport schools
Organisation	Team Denmark
Link	http://www.teamdanmark.dk/
Country	Denmark
What kind of initiative? (E.g. policy, law/ act, campaign, education...)	Policy
PSS intervention area	<u>Physical well-being</u> Psychological well-being <u>Social well-being</u> Fair play <u>Governance/ policy</u>

Qualitative facts	
Description	Sport schools in Denmark aim at promoting the well-being of pupils through physical activity. Furthermore, sport schools in Denmark help and enable elite sport athletes during their sporting career and support them to make the transition to “normal” life afterward.
Activities	<ul style="list-style-type: none">• Collaboration agreements with municipalities• Workshops for teachers• Education of coaches
Thematic priorities	<ul style="list-style-type: none">• Health and safety (general)• Injury prevention• Overtraining (burnout, rest, regeneration)• Dual careers• Other: sports abilities

	<ul style="list-style-type: none"> •
Target group	<ul style="list-style-type: none"> • Athletes • Coaches • Sport organisations (NOCs, federation, club etc.)
Results/ products	<ul style="list-style-type: none"> • Concept for sports schools • Books of age related training • local network
Success factors	<ul style="list-style-type: none"> • 21 collaboration agreement with municipalities • competence development of teachers • cooperation between schools and clubs •

Quantitative facts

Budget	350.000
Number of people working for this initiative	20
Number of people reached	12.000
Timeframe (start/ end)	Ongoing

Observations

<ul style="list-style-type: none"> • N.a.
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