

Strasbourg, 21 January 2015

EPAS (2015) 5

## **Enlarged Partial Agreement on Sport (EPAS)**

### **Training Session**

#### **On the promotion of safe and healthy sport environments “Pro Safe Sport”**

*organised by EPAS  
in co-operation with the PSS project partners*

Thursday, 19 February 2015, 13:00 - 18:30

Friday, 20 February 2015, 9:00 – 12:15

#### **ECML**

European Centre for Modern Languages of  
the Council of Europe  
Nikolaiplatz 4  
A-8020 Graz  
T: 43 316 323554  
[information@ecml.at](mailto:information@ecml.at)

### **Factsheet**

#### **Organisers**

The Council of Europe Enlarged Partial Agreement on Sport (EPAS) in co-operation with the PSS project partners<sup>1</sup>.

#### **Background**

When practicing sports, children/ young athletes can be very vulnerable and exposed to threats to their moral and physical integrity. All young athletes have the right to participate in a healthy and safe sport environment which promotes their welfare.

---

<sup>1</sup> The list of the PSS project partners can be viewed on the following website: <http://pjp-eu.coe.int/en/web/pss/partners>.

The “Pro Safe Sport for Young Athletes – (PSS)” initiative of the Council of Europe Enlarged Partial Agreement on Sport (EPAS) and its partners aims to remove those threats and to promote the well-being of young athletes in Europe by providing technical assistance<sup>2</sup> to stakeholders. It provides advice and supports sport administrators on how they can work towards safer and healthier sport environments in areas such as physical, psychological and social well-being as well as fairplay.

For more information please visit also the project’s website <http://pjp-eu.coe.int/en/web/pss>. The draft version of the “Pro Safe Sport toolkit” is made available upon request by visiting the following website: <http://pjp-eu.coe.int/en/web/pss/training-graz>

### **Aim of the seminar**

Provide sport organisations with know-how and tools to promote safe and healthy sport environments within their activities.

### **Objectives**

- Raise awareness of, and inform on, the importance of a safe and healthy sport environment for young athletes
- Assess organisational capacities to promote a safe and healthy sport environment
- Provide technical assistance<sup>3</sup> to implement a pro safe strategy
- Provide the PSS project with feedback on the tools

### **Programme elements and methodology**

The programme is organised in an interactive way engaging participants in group work and discussions. Furthermore, it will include presentations by experts/ top practitioners.

The event will be organised around the following pillars:

1. Stock taking: Which normative frameworks exist regarding safe and healthy sport environments?
2. Taking a look at what others have done: Which practice examples exist and can they provide guidance and/ or ideas to promote “safe sport”?
3. Assessing organisational capacities: Where is my organisation positioned in providing a safe and healthy sport environment?
4. Developing a “Pro Safe Sport” action plan: Which measures have to be implemented to promote “safe sport”?

### **Outcomes**

Participants will be aware of important information on providing safe and healthy sport environments. Furthermore, they will receive training and tools on how they can assess the organisational capacities to promote “safe sport” and how to develop a tailored safe sport strategy/ action plan to improve efforts in this regard.

---

<sup>2</sup> The technical assistance may include learning tools and tips on how to conduct a self-assessment, to set up an action plan as well as useful resources on practice examples, relevant literature etc.

**Date and venue**

**Dates of the meeting:** 19 February 2015, from 13:00-18:30  
20 February 2015, from 9:00-12:15

**Venue:** **ECML**  
European Centre for Modern Languages of  
the Council of Europe  
Nikolaipplatz 4  
A-8020 Graz  
T: 43 316 323554  
F: 43 316 323554-4  
[information@ecml.at](mailto:information@ecml.at)

**Working languages**

English

## **Preliminary Programme**

### **Thursday, 19 February**

Until 13:00	Arrival
14:00	<b>Welcome and introduction</b>
14:20	<p><b>Getting close to the topic “Pro Safe Sport – safe and healthy sport environments”</b></p> <ul style="list-style-type: none"> <li>• Discussing and sharing thoughts on articles about bullying, physical well-being and sexual abuse in sport</li> </ul>
15:00	<p><b>Informing and raising awareness on PSS</b></p> <ul style="list-style-type: none"> <li>• Clarifying the conceptualities and the legal framework (definitions, understanding and strategic consideration on safe sports)</li> <li>• Particularities for Pro Safe Sports</li> </ul>
15:15	<p><b>Experiences with Pro Safe Sport in a sport federation/ stakeholder organisation – dos and don’ts</b></p> <p><b>Code of Ethics &amp; Good Practice for Children's Sport</b> Bernie Priestley, Code of Ethics Manager, Irish Sports Council</p> <p><b>Safeguarding children: A case study</b> Boris Balent, Croatian Olympic Committee</p> <p><b>Taking a look at what others have done</b></p> <ul style="list-style-type: none"> <li>• Discovering and discussing the “Pro Safe Sport” practice examples</li> </ul>
16:45	Coffee break
17:15	<p><b>Self-Evaluation of the situation in the federation</b></p> <ul style="list-style-type: none"> <li>• Introducing the PSS self-evaluation tool (part A)</li> <li>• Answering the questions of the self-evaluation tool (part A)</li> <li>• Summarising the results of the self-evaluation tool (part B)</li> </ul> <p><b>Exchange of views among colleagues</b></p> <ul style="list-style-type: none"> <li>• Where are similarities?</li> <li>• Where are potential differences?</li> <li>• What are the greatest challenges to provide a safe and healthy sport environment?</li> </ul>
18:30	<b>End of the first day</b>
19:00	Dinner

**Friday, 20 February**

- 9:00                    **Presentation of the Pro Safe Sport toolkit**
- Brief presentation of the various elements of the PSS toolkit
- 9:30                    **Developing a specific action plan**
- Rating through the participants:
    - In your opinion - what are important aspects of a safe and healthy sport environment? Write down up to three of the most important!
    - Rate on a scale of 1 (no need or willingness to deal with the topic in your federation) to 10 (urgently needed or very high willingness): Where would you set the point for your federation? (Discussions can be based on the self-evaluation)
  - Presentation of the action plans
- 11:00                   **The importance of safe and healthy sport environments**
- Explaining the importance of “pro safe sport” to a stakeholder
- 11:45                   **Short evaluation of the training session**
- 12:15                   Closing of second day

## **Participants**

The seminar will bring together up to 20 participants representing mainly sports organisations as well as other sport stakeholders such as public authorities.

## **Terms of participation**

- Participation in the seminar is free of charge.
- Travel and accommodation costs of registered participants are reimbursed. (Please register by sending an email to [pro-safe-sport@coe.int](mailto:pro-safe-sport@coe.int).)

## **Accommodation**

### **Hotel Feichtinger Graz**

Lendplatz 1a

A – 8020 Graz

Tel: +43 316 724 100

Fax: +43 316 724 100-4

Email: [office@hotel-feichtinger.at](mailto:office@hotel-feichtinger.at)

<http://www.hotel-feichtinger.at/>

Regarding the booking of your room, after registration you will receive a form which you should fill in and send to the hotel before 13 February 2015 at the latest, to benefit from the special rates. Your accommodation costs will be reimbursed afterwards.

## **Registration and participation**

Interested individuals can register by sending an email with their full name (first name, family name), organisation and contact details (full address, phone number) to [pro-safe-sport@coe.int](mailto:pro-safe-sport@coe.int) **at their earliest convenience – no later than 8 February 2015.**

## **Information**

Additional information on the programme can soon be found on the website: <http://pjp-eu.coe.int/en/web/pss/training-graz>

## **Contact**

For further information, please contact the EPAS secretariat in the Council of Europe:

Mr Michael Trinker

1, Quai Jacoutot

F-67075 STRASBOURG Cedex

Tel: +33 390 21 43 94

E-mail: [michael.trinker@coe.int](mailto:michael.trinker@coe.int)